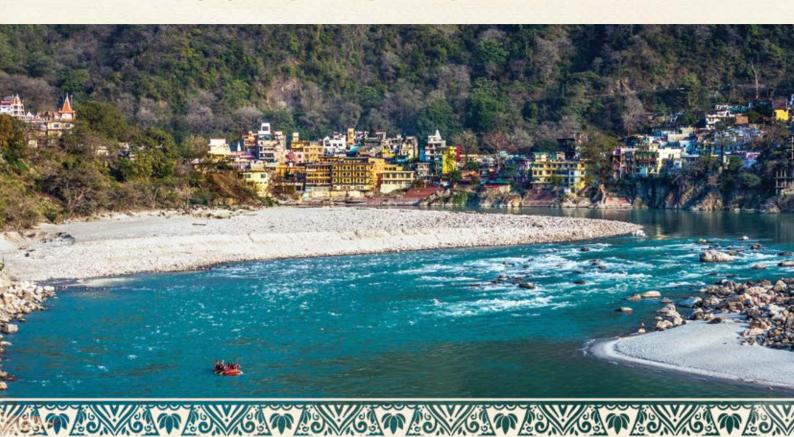


Living Yoga & Ayurveda Retreat in Rishikesh, India

At the footbills of the Himalayas with Nikki Leaf and Leah Albrecht, 24th February to 9th March, 2015

This year we are offering an optional 12 day tour of Rajasthan! Visiting Agra, Jaipur, Udaipur, Jodhpur, Pushkar & more.....



Rejuvenate and restore your whole being in the tranquility of the Himalayan Mountain air and experience the ambience of the Ganges River in this ancient place of pilgrimage.

Cost (including airfare) – \$4,400

For more information contact:







Relax, unwind and connect to nature...



in the peaceful Himalayan foothills

Your journey to Rishikesh with Nikki and Leah includes:

- 9 Nights twin share accommodation in hotel with Ayurvedic Spa & Yoga Room - breakfast included.
- Yoga Classes twice daily open to all levels.
- Ayurvedic Consultation and Treatment session.
- 3 Nights twin share accommodation with breakfast plus full day sightseeing and shopping in Delhi.
- Puja Ceremonial Fire Offering by Ganges.
- Full Day Trip to Devprayag visit sacred meeting place of 2 rivers. Stopover at Shivpuri at a picturesque overnight campsite beside the Ganges with fireside meal & Indian music. Optional return journey by raft to Rishikesh - a beautiful nature experience!
- Ocultural Program Traditional Music / Dance Evening with Indian snack foods.
- Day trip to Jungle in open jeep. See natural wildlife, visit Temple & local villages includes picnic lunch by the river.
- Trains & transfers included.
- Mairfares includes ticket taxes & departures.

Total Package includes:

- Perth Delhi Perth airfares and all of the items listed previous.
 - Twin Room \$4,400
 - Deluxe Single Room extra \$900 With view of Ganges & balcony (in Rishikesh)

Initial deposit due July 1st 2014 - \$3,200 Final payment due October 1st 2014 \$1,200 (twin) & \$2,100 (single)

Please note deposits are non-refundable.

Optional Extras:

- Further Ayurvedic Spa Treatments available at hotel.
- Visit Orphanage.
- Indian Vegetarian cooking classes.
- Visit Buddhist Temple.
- Explore Beatles Ashram.
- Guided local shopping in Rishikesh with our host Deepti.

RAJASTHAN TOUR

Optional - Prior to retreat

Explore ancient cities of rich cultural heritage, magnificent palaces, temples & enchanting lakes of Rajasthan!

For more information contact: